

Understanding lymphedema skin changes.¹

PAPILLOMATOSIS

Papillomas are raised wart-like growths, hard bumps/projections, that can appear with longstanding lymphedema.



HYPERKERATOSIS

An overgrowth of the skin, like a very thick callus, where skin easily flakes.



LYMPHORRHEA²

Skin breakdown, clear lymph fluid leaks externally, also called skin "weeping".



ELEPHANTIASIS

Progressive enlargement of extremity, chronic fibrosis.



HYPERPIGMENTATION

Skin discoloration, in earlier stages can be salmon pink and darkens with progression, often to brown, purple or rusty in color.



MINIMUM INSURANCE DOCUMENTATION REQUIREMENTS FOR PCDs:

- Diagnosis of lymphedema (I89.0, Q82.0, or I97.2)
- Lymphedema symptoms are evident in girth measurements and patient exhibits any of the skin changes shown above
- Symptoms persist after trying 4-weeks of conservative therapies, including exercise, elevation, compression/bandaging
- Patient's prognosis and clinical justification for the device are documented in the progress notes

FOR MEDICARE SPECIFIC CRITERIA, SCAN HERE:



1. Photo permissions on file at Tactile Medical.

2. Lymphorrhea photo used with permission. Source: ARC Seminars. Have you seen these lymphedema skin changes?
arcseminars.net/seen-skin-changes-patients/

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