

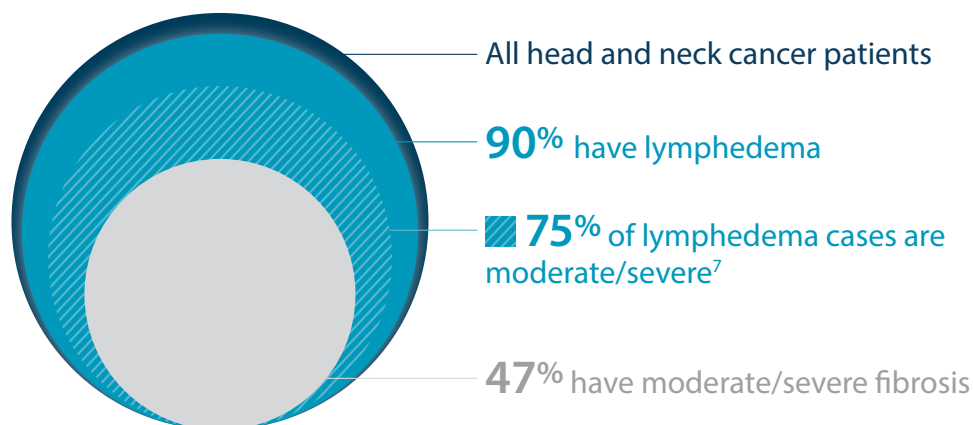
Head and neck cancer treatment-related lymphedema patient symptom screener.

CHECK ALL THAT APPLY¹⁻⁴

- | | |
|--|--|
| <input type="checkbox"/> Swelling in any part of the face/head, neck | <input type="checkbox"/> Heaviness or tightness in the affected area |
| <input type="checkbox"/> Changes in voice | <input type="checkbox"/> Difficulty moving or decreased range of motion of the head/neck |
| <input type="checkbox"/> Difficulty swallowing, chewing, speaking or breathing | <input type="checkbox"/> Pain, tingling, numbness in the affected area |
| <input type="checkbox"/> Feeling of something stuck in the throat | <input type="checkbox"/> Changes in taste |
| <input type="checkbox"/> Changes in vision or hearing | <input type="checkbox"/> Congestion |
| <input type="checkbox"/> Skin hardening in the neck | <input type="checkbox"/> Thickness in tongue |

Lymphedema is a chronic and progressive condition. Early identification and treatment is essential to improve clinical outcomes, decrease burdensome symptoms and impairments, and improve overall quality of life for patients with head and neck cancer.^{5,6}

12 MONTHS POST TREATMENT⁷



The following factors may increase the risk of developing lymphedema following treatment of head and neck cancer:⁸

- Tumor located in the pharynx vs. other sites (e.g., nasopharynx, hypopharynx)
- Higher total dosage of radiation/higher number of radiation treatments
- Multiple types of treatments (chemo and radiation)

Kylee™ is an easy-to-use, free mobile app to help you understand chronic swelling, track and manage your symptoms and live your best life! Download Kylee today!



Notes/additional symptoms:

To learn more about head and neck cancer treatment-related lymphedema, visit tactilemedical.com/HN.

Please refer to the privacy policy found in the Kylee app or tactilemedical.com/kylee for terms and conditions.

References

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