



CARLEEN  
FLEXITOUCH USER



Compression stockings provide you with one level of comfort and improvement. Flexitouch provides you with something completely different. Having the Flexitouch allowed me to regain some control over my life.

Visit [tactilemedical.com/patientstories](https://tactilemedical.com/patientstories) to see Carleen's story.

## Improved quality of life.

96% of patients reported satisfaction with Flexitouch system treatment<sup>2</sup>

88% of patients experienced reduced limb swelling<sup>2</sup>

85% of patients had improvements in activities of daily living<sup>2</sup>

79% reduction in episodes of cellulitis<sup>3</sup>

### WE MAKE ORDERING EASY!

Flexitouch Plus is available by prescription only and is covered by many health plans. Once prescribed, we will work with your healthcare team and insurance provider to process your order.

To learn more, visit [tactilemedical.com](https://tactilemedical.com) or call 833.3TACTILE (833.382.2845).

TACTILE MEDICAL

**Meet Kylee.™**

An easy-to-use, free mobile app for managing your chronic swelling, tracking treatments and symptoms, and getting you back to living your best life!

Download Kylee today!

Individual results may vary.

**Indications for Use:** The Flexitouch Plus system and garments for legs, arms, trunk and chest are intended for use by medical professionals and patients who are under medical supervision for the treatment of many conditions such as: lymphedema; primary lymphedema; post mastectomy edema; edema following trauma and sports injuries; post immobilization edema; phlebotymphedema; lipedema; venous insufficiency; reducing wound healing time; treatment and assistance in healing stasis dermatitis; venous stasis ulcers; or arterial and diabetic leg ulcers. The Flexitouch Plus system and garments for the head and neck are intended for use by medical professionals and patients who are under medical supervision for the treatment of head and neck lymphedema.

**Contraindications:** Contraindications, warnings, and instructions for use can be found in the product labeling supplied with each device.

**Caution:** Federal (USA) law restricts these devices to sale by or on the order of a licensed healthcare practitioner.

**References:**

1. Adams KE, Rasmussen JC, Darne C, et al. Direct evidence of lymphatic function improvement after advanced pneumatic compression device treatment of lymphedema. *Biomedical Optics Express*. August 2010; 1(1): 114–125.
2. Muluk SC, Hirsch AT, Tafe EC. Pneumatic compression device treatment of lower extremity lymphedema elicits improved limb volume and patient-reported outcomes. *EJVES*. 2013; Vol. 46(4): 480–487.
3. Karaca-Mandic P, Hirsch AT, Rockson SG, et al. The Cutaneous, Net Clinical, and Health Economic Benefits of Advanced Pneumatic Compression Devices in Patients With Lymphedema. *JAMA Dermatol*. 2015 Nov; 151(11): 1187–93. doi: 10.1001/jamadermatol.2015.1895. PMID: 26444458.

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MEDICAL®  
HEALING RIGHT AT HOME

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# Continue your lymphedema treatment at home.

With Flexitouch Plus for lower body and legs.



**FLEXITOUCH® PLUS**  
ADVANCED PNEUMATIC COMPRESSION SYSTEM

**Tactile**  
MEDICAL®

If you're experiencing chronic swelling, pain, limited mobility and/or skin hardening, it may be lymphedema. It can affect your quality of life, and if left untreated, lymphedema could lead to a serious bacterial skin infection called cellulitis.

The Flexitouch Plus system provides a comfortable and convenient way to manage your chronic swelling from home. It is clinically proven to stimulate your lymphatic system,<sup>1</sup> enhance your quality of life,<sup>2</sup> and reduce episodes of cellulitis.<sup>3</sup>



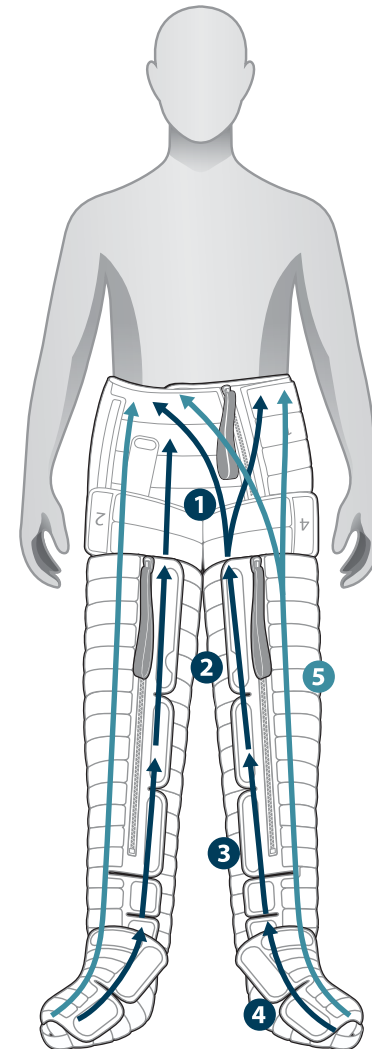
- EASIER TO USE**
- BETTER FIT**
- ADDED COMFORT**

Our new ComfortEase™ garments are redesigned to be:

- Easier to put on and remove with zippers and large zipper pulls
- Better fitting, with a wider variety of sizes
- Even more comfortable due to thinner, less bulky material

## How it works.

The Flexitouch Plus system uses a programmable controller that connects to a garment with built-in air chambers. The garment inflates and deflates in a specific order, creating a gentle, wave-like motion. This mimics manual lymph drainage, moving excess fluid from the swollen area toward healthier parts of the body where it can be absorbed.



### FLEXITOUCH PLUS TREATMENT OVERVIEW

*Your program may or may not include the decongestion phase (teal)*

- 1 Trunk:** directs fluid from the groin toward the waist; cycle repeats
- 2 Thigh:** directs fluid from the knee toward the top of the thigh; cycle repeats
- 3 Calf:** directs fluid from the ankle toward the knee; cycle repeats
- 4 Foot:** directs fluid from the foot toward the ankle; cycle repeats
- 5 Full Leg and Trunk:** directs fluid from the toes to the waist in one continuous motion; cycle repeats

Watch Flexitouch Plus in action:



## Lower body treatment programs.

Flexitouch Plus can be set up to treat the abdomen, and one or both legs at the same time. Note additional options not shown include upper extremity and head and neck.

### PRIMARY PROGRAMS

<b>FULL LEG AND CORE</b>	<b>FULL LEG PLUS</b>	<b>FULL LEG</b>	<b>HALF LEG PLUS</b>	<b>HALF LEG</b>
Treatment time: 60 minutes	Treatment time: 45 minutes	Treatment time: 45 minutes	Treatment time: 30 minutes	Treatment time: 30 minutes

### SUPPLEMENTAL PROGRAMS

<b>TRUNK (UPWARD)</b>	<b>TRUNK AND THIGH*</b>	<b>FOOT ONLY*</b>
Treatment time: 16 minutes	Treatment time: 30 minutes	Treatment time: 16 minutes

\*Illustration represents program treatment area, not actual garments.