## Prostate cancer treatment-related lymphedema patient symptom screener.

CHECK ALL THAT APPLY		
Abdominal area	<ul> <li>Heaviness in abdomen</li> <li>Pitting across waistband</li> </ul>	<ul><li>Firmness across abdomen</li><li>Underwear band fitting tighter</li></ul>
Genital area	<ul><li>Scrotal swelling</li><li>Genital fullness</li></ul>	<ul><li>Sexual dysfunction</li><li>Bowel/bladder dysfunction</li></ul>
Legs	<ul> <li>Heaviness in thighs/legs</li> <li>Tingling/numbness in thighs/legs</li> </ul>	Tightness in thighs/legs
Skin	Skin firmness/tissue changes	Persistent bloating

## fiiitii 1 in 8 men

Approximately one in eight men will be diagnosed with prostate cancer in their lifetimes.<sup>1</sup> Many of these men undergo radiation, surgery and chemotherapy to treat the cancer leaving them with lymphatic system damage known as lymphedema.

Veterans have been show to have a higher rate of prostate cancer—one in five men<sup>2</sup>—and studies show lymphedema affects more than 20% of prostate cancer survivors who underwent radical prostatectomy.<sup>3</sup> Lymphedema is progressive and if left untreated, it could lead to permanent damage to surrounding tissue and lymph vessels.

Kylee<sup>™</sup> is an easy-to-use, free mobile app to help you understand chronic swelling, track and manage your symptoms and live your best life! Download Kylee today!



## Notes/additional symptoms:

## To learn more about lymphedema and effective treatment solutions, visit tactilemedical.com/lowerbody.

Please refer to the privacy policy found in the Kylee app or tactilemedical.com/kylee for terms and conditions.

1. Cancer.org

- 2. DOI: 10.1158/1055-9965.EPI-09-0041 Published June 2009
- 3. Raskin: Journal of Urology 2019 DOI: 10.1097/01.JU.0000556678.70718.d6

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