Gynecological cancer treatment-related lymphedema patient symptom screener.

CHECK ALL THAT APPLY						
Abdominal area	☐ Heaviness in abdomen☐ Firmness across abdomen☐ Underwear band fitting tighter	□ Persistent bloating□ Tingling/numbness in abdomen□ Pitting across waistband				
Genital area	□ Bowel/bladder dysfunction□ Vaginal/vulvar swelling□ Vulvar pressure	☐ Sexual dysfunction☐ Vulvar fullness/heaviness☐ Sensation of sitting on something				
Legs	☐ Heaviness in thighs/legs☐ Tightness in thighs/legs	☐ Tingling/numbness in thighs/legs☐ Aching in thighs/legs				
Skin	☐ Skin firmness/tissue changes	Rash/skin irritation inner thigh up to stomach				

Prevalence and risk factors for lymphedema after gynecological cancer treatment:1,2

All gynecological cancer survivors, 24-months post surgery 50% experience lymphedema 60% of those who experience lymphedema develop persistent lymphedema

PREVALENCE

RISK FACTORS

- Being overweight (BMI ≥25kg/m²)
- Number of lymph nodes removed
- Radiation therapy after surgery
- Chemotherapy
- Low physical activity

Kylee[™] is an easy-to-use, free mobile app to help you understand chronic swelling, track and manage your symptoms and live your best life! Download Kylee today!



Notes/additional symptoms:							

To learn more about lymphedema and effective treatment solutions, visit tactilemedical.com/lowerbody.

 $Please\ refer\ to\ the\ privacy\ policy\ found\ in\ the\ Kylee\ app\ or\ tactile medical.com/kylee\ for\ terms\ and\ conditions.$

1. Hayes et al. *Gynecol Oncol*. 2017 DOI: 10.1016/j.ygyno.2017.06.004

2. Kuroda et al. *BMC Women's Health* (2017) 17:50 DOI 10.1186/s12905-017-0403-1

Minneapolis, MN 55416 USA Toll Free Fax: 866.435.3949 F: 612.355.5101

Tactile MedicalCustomer Service3701 Wayzata Blvd, Suite 300Toll Free Tel: 833.382.2845 (833.3TACTILE) T: 612.355.5100 Hours: 7a.m. to 7 p.m. CT, Monday–Friday tactilemedical.com

