

At-home treatment for breast cancer-related lymphedema.

With Flexitouch Plus for upper body.



FLEXITOUCH® PLUS

ADVANCED PNEUMATIC COMPRESSION SYSTEM

Tactile
MEDICAL®

If you're experiencing chronic swelling, pain, limited mobility and/or skin hardening, it may be lymphedema. It can affect your quality of life, and if left untreated, lymphedema could lead to a serious bacterial skin infection called cellulitis.

The Flexitouch Plus system provides a comfortable and convenient way to manage your chronic swelling from home. It is clinically proven to stimulate your lymphatic system¹ and enhance your quality of life.²

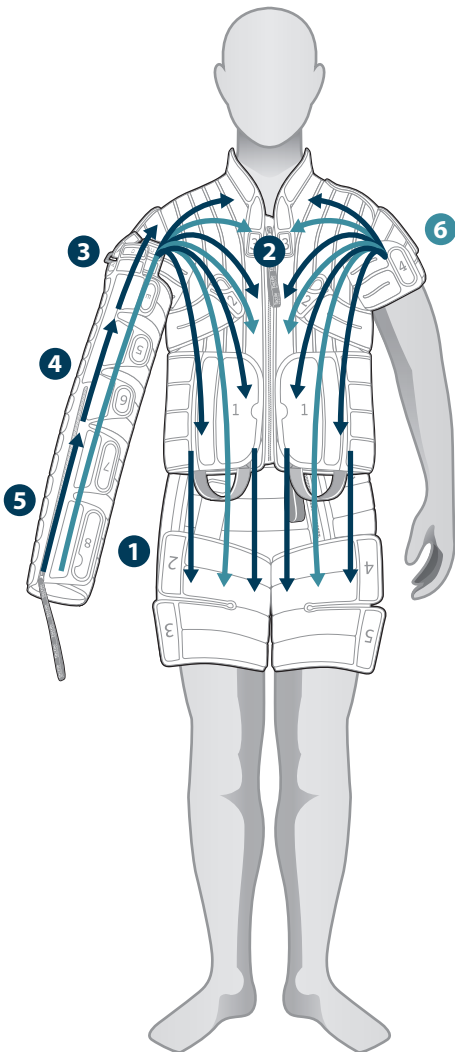


Our ComfortEase™ garments are designed to be:

- Easy to put and remove with large zipper pulls for daily use
- Conformed to your body for effective treatment
- Comfortable due to thinner, less bulky material

How it works.

The Flexitouch Plus system uses a programmable controller that connects to a garment with built-in air chambers. The garment inflates and deflates in a specific order, creating a gentle, wave-like motion. This mimics manual lymphatic drainage, moving excess fluid from the swollen area toward healthier parts of the body where it can be absorbed.



FLEXITOUCH PLUS TREATMENT OVERVIEW

Your program may or may not include the decongestion phase (navy blue)

- 1 Trunk:** directs fluid from the waist toward the top of the thighs; cycle repeats
- 2 Chest:** directs fluid from the shoulder toward the waist; cycle repeats
- 3 Biceps:** directs fluid from the elbow toward the shoulder; cycle repeats
- 4 Forearm:** directs fluid from the wrist toward the elbow; cycle repeats
- 5 Hand:** directs fluid from the fingers toward the wrist; cycle repeats
- 6 Full Arm, Shoulder, Chest and Trunk:** directs fluid from the fingers to the top of the thigh in one continuous motion; cycle repeats

Watch Flexitouch Plus
in action:



Upper body treatment programs.

Flexitouch Plus can be set up to treat the abdomen, chest and one or both arms at the same time. Note additional options not shown include lower extremity and head and neck.

PRIMARY PROGRAMS



FULL ARM AND CORE

Treatment time:
60 minutes

*Bilateral treatment
also available



ARM-SHOULDER

Treatment time:
50 minutes



FULL ARM

Treatment time:
30 minutes

SUPPLEMENTAL PROGRAMS



TRUNK ONLY (DOWNWARD)

Treatment time:
12 minutes



TRUNK AND CHEST

Treatment time:
30 minutes



FOREARM AND HAND

Treatment time:
24 minutes



HAND ONLY

Treatment time:
12 minutes



CHEST (INWARD)

Treatment time:
12 minutes

SONYA M.
FLEXITOUCH USER



Lymphedema is with me. It's my new friend that is going to stay with me for the rest of my life. But with Flexitouch, I'm able to manage my new friend.

Visit tactilemedical.com/patientstories to see Sonya's story.

Improved quality of life.

96% of patients reported satisfaction with Flexitouch system treatment²

88% of patients experienced reduced limb swelling²

85% of patients had improvements in activities of daily living²

79% reduction in episodes of cellulitis³

WE MAKE ORDERING EASY!

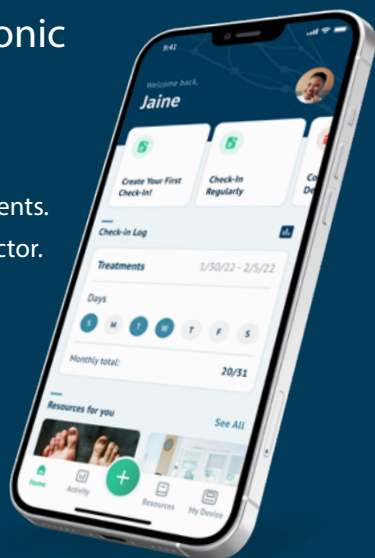
Flexitouch Plus is available by prescription only and is covered by many health plans. Once prescribed, we will work with your healthcare team and insurance provider to process your order.

To learn more, visit tactilemedical.com or call
833.3TACTILE (833.382.2845).

Take control of your chronic swelling with Kylee.™

- **LEARN** about lymphedema.
- **TRACK** your symptoms and treatments.
- **SHARE** your progress with your doctor.

Download Kylee today and get back to the life you love!



Individual results may vary.

Indications for Use: The Flexitouch Plus system and garments for legs, arms, trunk, and chest are intended for use by medical professionals and patients who are under medical supervision, for the treatment of many conditions such as: lymphedema; primary lymphedema; post mastectomy edema; phlebolymphe­dema; lipedema; edema following trauma and sports injuries; post immobilization edema; venous insufficiency; reducing wound healing time; treatment and assistance in healing stasis dermatitis, venous stasis ulcers, or arterial and diabetic leg ulcers. The Flexitouch Plus system and garments for the head and neck are intended for use by medical professionals and patients who are under medical supervision for the treatment of head and neck lymphedema.

Contraindications: Contraindications, warnings, and instructions for use can be found in the product labeling supplied with each device.

Caution: Federal (USA) law restricts these devices to sale by or on the order of a licensed healthcare practitioner.

References:

1. Adams KE, Rasmussen JC, Darne C, et al. Direct evidence of lymphatic function improvement after advanced pneumatic compression device treatment of lymphedema. *Biomedical Optics Express*. August 2010;1(1): 114–125.
2. Muluk SC, Hirsch AT, Tafe EC. Pneumatic compression device treatment of lower extremity lymphedema elicits improved limb volume and patient-reported outcomes. *EJVES*. 2013; Vol. 46(4): 480–487.
3. Karaca-Mandic P, Hirsch AT, Rockson SG, et al. The Cutaneous, Net Clinical, and Health Economic Benefits of Advanced Pneumatic Compression Devices in Patients With Lymphedema. *JAMA Dermatol*. 2015 Nov; 151(11): 1187–93. doi: 10.1001/jamadermatol.2015.1895. PMID: 26444458.

Tactile Medical

3701 Wayzata Blvd, Suite 300
Minneapolis, MN 55416 USA
T: 612.355.5100
F: 612.355.5101

Customer Care

Toll Free Tel: 833.3TACTILE (833.382.2845)
Toll Free Fax: 866.435.3949
Hours: 7 a.m. to 7 p.m. CT, Monday–Friday
tactilemedical.com

Tactile
MEDICAL®
HEALING RIGHT AT HOME

Tactile Medical and Flexitouch are registered trademarks and ComfortEase, Kylee and Healing Right at Home are trademarks of Tactile Medical.
©2023 Tactile Medical. All rights reserved. 701935-001 Rev B 4/2023