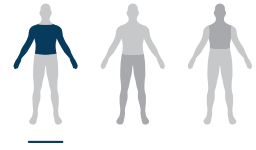


FLEXITOUCH® PLUS

ADVANCED PNEUMATIC
COMPRESSION SYSTEM



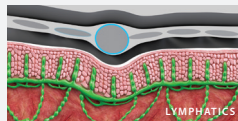
Treatment Options for Upper Extremities



FLEXITOUCH PLUS | HOW IT WORKS

Tactile
MEDICAL®

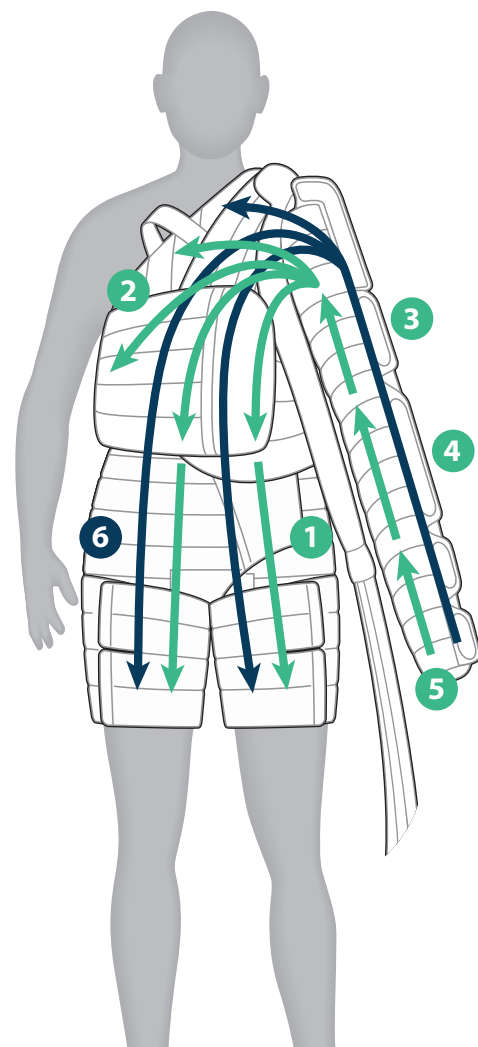
Chambers sequentially inflate and deflate, creating gentle waves of pressure.



FULL ARM AND CORE

PROGRAM U1

This treatment option provides distal-to-proximal treatment preceded by proximal clearing of lymphatic fluid in the trunk, chest, shoulder, biceps, forearm and hand. Enhanced programming applies treatment that extends past the axilla area into the chest and trunk, providing comprehensive treatment to patients when clinically appropriate.



HOW IT WORKS

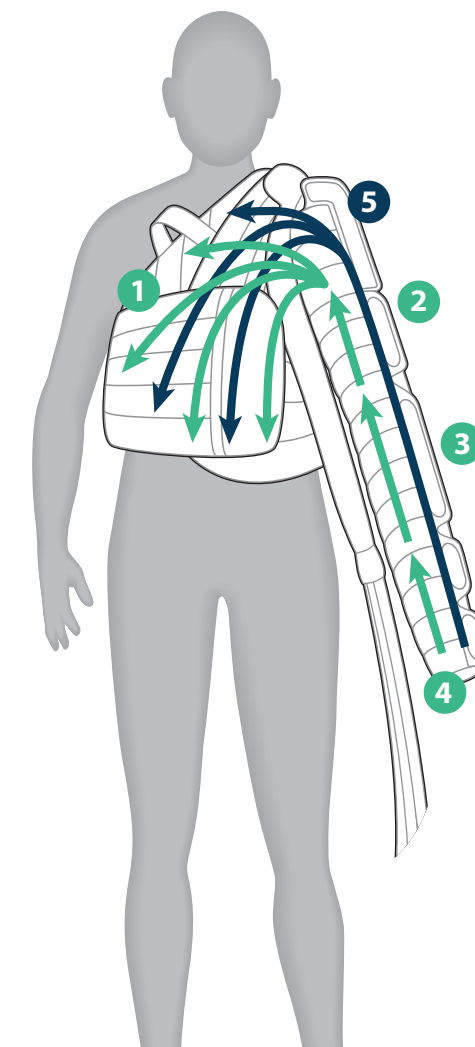
TREATMENT TIME: 60 MINUTES

- 1 **Trunk:** directs fluid from the waist toward the top of the thighs; cycle repeats
- 2 **Chest:** directs fluid from the shoulder toward the waist; cycle repeats
- 3 **Biceps:** directs fluid from the elbow toward the shoulder; cycle repeats
- 4 **Forearm:** directs fluid from the wrist toward the elbow; cycle repeats
- 5 **Hand:** directs fluid from the fingers toward the wrist; cycle repeats
- 6 **Full Arm, Shoulder, Chest and Trunk:** directs fluid from the fingers to the top of the thigh in one continuous motion; cycle repeats

ARM-SHOULDER

PROGRAM U4

This treatment program provides distal-to-proximal treatment preceded by proximal clearing of lymphatic fluid in the chest, shoulder, biceps, forearm and hand. The chambers sequentially inflate and deflate to stimulate and decongest this region of the lymphatic system. Only one chamber is fully inflated at any point in time.



HOW IT WORKS

TREATMENT TIME: 50 MINUTES

- 1 **Chest:** directs fluid from the shoulder toward the waist; cycle repeats
- 2 **Biceps:** directs fluid from the elbow toward the shoulder; cycle repeats
- 3 **Forearm:** directs fluid from the wrist toward the elbow; cycle repeats
- 4 **Hand:** directs fluid from the fingers toward the wrist; cycle repeats
- 5 **Full Arm, Shoulder and Chest:** directs fluid proximally from the fingers up to the shoulder, then to the top of the waist in one continuous motion; cycle repeats

THE FLEXITOUCH PLUS IS CLINICALLY PROVEN TO STIMULATE THE LYMPHATIC SYSTEM¹

Each garment contains air chambers connected to a programmable controller. When activated, these chambers sequentially inflate and deflate, creating gentle waves of pressure. This helps move lymphatic fluid from the impaired areas toward healthy regions of the body where the fluid can be absorbed and processed naturally. Inflation lasts just a few seconds per chamber. Only one chamber is fully inflated at any one point in time, providing a treatment sequence and duration similar to manual therapy.

ADDITIONAL UPPER EXTREMITY

TREATMENT OPTIONS



TRUNK

PROGRAM U2 – TREATMENT TIME: 12 MINUTES

This supplemental program provides decongestion in the core area of the trunk.



TRUNK AND CHEST

PROGRAM U3 – TREATMENT TIME: 30 MINUTES

This supplemental program provides decongestion in the core areas of the chest and trunk.



FOREARM AND HAND

PROGRAM U5 – TREATMENT TIME: 24 MINUTES

This supplemental program provides distal-to-proximal treatment from the fingers, hand and forearm to the biceps.



HAND ONLY

PROGRAM U6 – TREATMENT TIME: 12 MINUTES

This supplemental program provides distal-to-proximal treatment from the fingers and hand to the forearm.



FULL ARM

PROGRAM U7 – TREATMENT TIME: 30 MINUTES

This program provides distal-to-proximal decongestion from the fingers to the top of the biceps in one continuous motion.

**TREATMENT THAT FITS THE PROBLEM.
OPTIONS THAT FIT THE PATIENT.**

Tactile Medical also has treatment options for lower extremities and the head and neck. Ask your Product Specialist or visit tactilemedical.com to learn more.

SEE HOW WE'RE BRINGING THE FUTURE OF HEALING HOME AT TACTILEMEDICAL.COM

Tactile Medical is a leader in developing and marketing at-home therapy devices that treat chronic swelling conditions such as lymphedema and chronic venous insufficiency. Our Mission is to help people suffering from chronic diseases live better and care for themselves at home. Our unique offering includes advanced, clinically proven pneumatic compression devices, as well as continuity of care services provided by a national network of product specialists and trainers, reimbursement experts, patient advocates and clinicians.

Individual results may vary.

Indications for Use: The Flexitouch Plus system and garments for legs, arms, trunk, and chest are intended for use by medical professionals and patients who are under medical supervision, for the treatment of many conditions such as: lymphedema; primary lymphedema; post mastectomy edema; phlebolympheidema; lipedema; edema following trauma and sports injuries; post immobilization edema; venous insufficiency; reducing wound healing time; treatment and assistance in healing stasis dermatitis, venous stasis ulcers, or arterial and diabetic leg ulcers. The Flexitouch Plus system and garments for the head and neck are intended for use by medical professionals and patients who are under medical supervision for the treatment of head and neck lymphedema.

Contraindications: Contraindications, warnings, and instructions for use can be found in the product labeling supplied with each device.

Caution: Federal (USA) law restricts these devices to sale by or on the order of a licensed healthcare practitioner.

Reference:

1. "Direct Evidence of Lymphatic Function Improvement after Advanced Pneumatic Compression Device Treatment of Lymphedema," *Biomedical Optics Express*, August 2010 (Volume 1, Number 1). Authors: John C. Rasmussen, Cinmay Darne, I-Chih Tan, Melissa B. Aldrich, Milton V. Marshall, Caroline E. Fife, Erik A. Maus, Latisha A. Smith, Renie Guilliod, Sunday Hoy, and Eva M. Sevick-Muraca.

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HEALING RIGHT AT HOME