FLEXITOUCH® PLUS ADVANCED PNEUMATIC COMPRESSION SYSTEM



# Treatment Options for The Head and Neck





Chambers sequentially inflate and deflate, creating gentle waves of pressure.



## THE FLEXITOUCH PLUS IS CLINICALLY PROVEN TO STIMULATE THE LYMPHATIC SYSTEM<sup>1</sup>

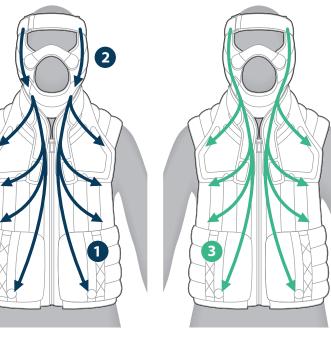
Each garment contains air chambers connected to a programmable controller. When activated, these chambers sequentially inflate and deflate, creating gentle waves of pressure. This helps move lymphatic fluid from the impaired areas toward healthy regions of the body where the fluid can be absorbed and processed naturally. Inflation lasts just a few seconds per chamber. Only one chamber is fully inflated at any one point in time, providing a treatment sequence and duration similar to manual therapy.

## HEAD, NECK & VEST

PROGRAM H1

This program provides therapy to the head, neck and chest areas. The therapy begins with stimulation to adjacent healthy lymph node groups in the chest and axilla to allow for optimal lymph drainage of the head, neck and face.





#### HOW IT WORKS **TREATMENT TIME: 32 MINUTES**

- **1** Chest and Neck: Directs fluid from the neck and the chest toward the underarm area (axilla)
- 2 Head: Directs fluid from head toward the neck

#### B Head, Neck and Chest:

Directs fluid from head. neck and face proximally toward the healthy regions of the chest, in one continuous motion



The head and neck garment set is easy to use and features the clinically proven Flexitouch technology that tens of thousands of lymphedema patients currently rely on every day to effectively treat their extremities.

## ADDITIONAL HEAD AND NECK EXTREMITY

TREATMENT OPTIONS

#### **HEAD ONLY**

PROGRAM H2 - TREATMENT TIME: 13 MINUTES

This supplemental program provides additional therapy to the head and neck areas when used in conjunction with the Head, Neck & Vest program.

#### **VEST ONLY**

**PROGRAM H3 – TREATMENT TIME: 12 MINUTES** 

This supplemental program provides additional therapy to the neck and chest areas when used in conjunction with the Head, Neck & Vest program.

TACTILE MEDICAL HAS DEVELOPED THE FIRST PNEUMATIC COMPRESSION THERAPY SPECIFICALLY DESIGNED TO TREAT HEAD AND NECK LYMPHEDEMA

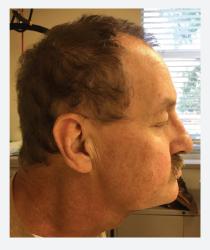
### **RESULTS AFTER ONE 32-MINUTE TREATMENT**

**BEFORE**<sup>3</sup>



BEFORE<sup>3</sup>

AFTER





87% of patients reported improvement in symptoms such as increased ability to swallow, less discomfort and a softening of fibrotic tissue.<sup>2</sup>

## SEE HOW WE'RE BRINGING THE FUTURE OF HEALING HOME AT TACTILEMEDICAL.COM

Tactile Medical is a leader in developing and marketing at-home therapy devices that treat chronic swelling conditions such as lymphedema and chronic venous insufficiency. Our Mission is to help people suffering from chronic diseases live better and care for themselves at home. Our unique offering includes advanced, clinically proven pneumatic compression devices, as well as continuity of care services provided by a national network of product specialists and trainers, reimbursement experts, patient advocates and clinicians.

#### Individual results may vary.

Indications for Use: The Flexitouch Plus system and garments for legs, arms, trunk, and chest are intended for use by medical professionals and patients who are under medical supervision, for the treatment of many conditions such as: lymphedema; primary lymphedema; post mastectomy edema; phlebolymphedema; lipedema; edema following trauma and sports injuries; post immobilization edema; venous insufficiency; reducing wound healing time; treatment and assistance in healing stasis dermatitis, venous stasis ulcers, or arterial and diabetic leg ulcers. The Flexitouch Plus system and garments for the head and neck are intended for use by medical professionals and patients who are under medical supervision for the treatment of head and neck lymphedema.

Contraindications: Contraindications, warnings, and instructions for use can be found in the product labeling supplied with each device.

Caution: Federal (USA) law restricts these devices to sale by or on the order of a licensed healthcare practitioner.

#### References:

- 1. "Direct Evidence of Lymphatic Function Improvement after Advanced Pneumatic Compression Device Treatment of Lymphedema," *Biomedical Optics Express*, August 2010 (Volume 1, Number 1). Authors: John C. Rasmussen, Cinmay Darne, I-Chih Tan, Melissa B. Aldrich, Milton V. Marshall, Caroline E. Fife, Erik A. Maus, Latisha A. Smith, Renie Guilliod, Sunday Hoy, and Eva M. Sevick-Muraca.
- 2. Data on file with Tactile Medical. Evaluation results for 80 users compiled January 2017.
- 3. Tactile Medical thanks the patients for providing consent to use their images.

#### **Tactile Medical**

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#### **Customer Service**

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