

Continue your lymphedema treatment at home.

With Flexitouch® Plus for the lower body and legs.



FLEXITOUCH® PLUS

ADVANCED PNEUMATIC COMPRESSION SYSTEM

Tactile
MEDICAL®

If you're experiencing chronic swelling, pain, limited mobility and/or skin hardening, it may be lymphedema. It can affect your quality of life, and if left untreated, lymphedema could lead to a serious bacterial skin infection called cellulitis.

The Flexitouch Plus system provides a comfortable and convenient way to manage your chronic swelling from home. It is clinically proven to stimulate your lymphatic system,¹ enhance your quality of life,² and reduce episodes of cellulitis.³



**EASIER
TO USE**

**BETTER
FIT**

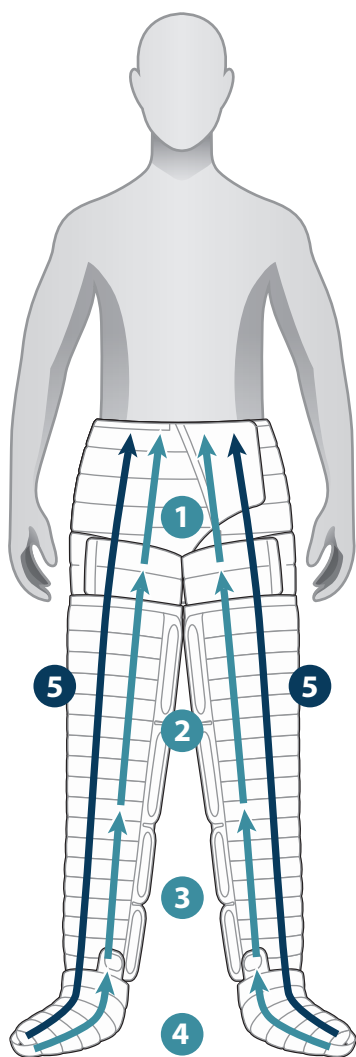
**ADDED
COMFORT**

Our new ComfortEase™ garments are redesigned to be:

- Easier to put on and remove with zippers and large zipper pulls
- Better fitting, with a wider variety of sizes
- Even more comfortable due to thinner, less bulky material

How it works.

The Flexitouch Plus system uses a programmable controller that connects to a garment with built-in air chambers. The garment inflates and deflates in a specific order, creating a gentle, wave-like motion. This mimics manual lymph drainage, moving excess fluid from the swollen area toward healthier parts of the body where it can be absorbed.



FLEXITOUCH PLUS TREATMENT OVERVIEW

Your program may or may not include the decongestion phase (teal)

- 1 Trunk:** directs fluid from the groin toward the waist; cycle repeats
- 2 Thigh:** directs fluid from the knee toward the top of the thigh; cycle repeats
- 3 Calf:** directs fluid from the ankle toward the knee; cycle repeats
- 4 Foot:** directs fluid from the foot toward the ankle; cycle repeats
- 5 Full Leg and Trunk:** directs fluid from the toes to the waist in one continuous motion; cycle repeats

Watch Flexitouch Plus
in action:



Lower body treatment programs.

Flexitouch Plus can be set up to treat the abdomen, and one or both legs at the same time. Note additional options not shown include upper extremity and head and neck.

These three primary treatment programs work in two phases: decongestion, then drainage.



FULL LEG AND CORE

Treatment time:
60 minutes



FULL LEG PLUS

Treatment time:
45 minutes



HALF LEG PLUS

Treatment time:
30 minutes

These five additional treatment programs provide drainage only.



FULL LEG

Treatment time:
45 minutes



HALF LEG

Treatment time:
30 minutes



TRUNK ONLY— LOWER

Treatment time:
15 minutes



TRUNK AND THIGH

Treatment time:
30 minutes



FOOT ONLY

Treatment time:
16 minutes

CARLEEN
FLEXITOUCH USER



Compression stockings provide you with one level of comfort and improvement. Flexitouch provides you with something completely different. Having the Flexitouch allowed me to regain some control over my life.

Visit tactilemedical.com/patientstories to see Carleen's story.

Improved quality of life.

96% of patients reported satisfaction with Flexitouch system treatment²

88% of patients experienced reduced limb swelling²

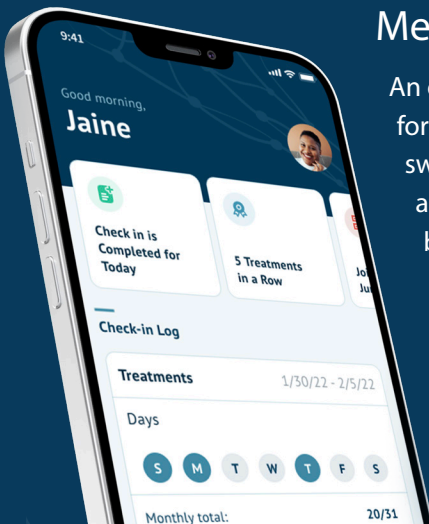
85% of patients had improvements in activities of daily living²

79% reduction in episodes of cellulitis³

WE MAKE ORDERING EASY!

Flexitouch Plus is available by prescription only and is covered by many health plans. Once prescribed, we will work with your healthcare team and insurance provider to process your order.




To learn more, visit tactilemedical.com or call
833.3TACTILE (833.382.2845).



Meet Kylee.™

An easy-to-use, free mobile app for managing your chronic swelling, tracking treatments and symptoms, and getting you back to living your best life!

Download Kylee today!

Individual results may vary.

Indications for Use: The Flexitouch Plus system and garments for legs, arms, trunk and chest are intended for use by medical professionals and patients who are under medical supervision for the treatment of many conditions such as: lymphedema; primary lymphedema; post mastectomy edema; edema following trauma and sports injuries; post immobilization edema; phlebolympheidema; lipedema; venous insufficiency; reducing wound healing time; treatment and assistance in healing stasis dermatitis; venous stasis ulcers; or arterial and diabetic leg ulcers. The Flexitouch Plus system and garments for the head and neck are intended for use by medical professionals and patients who are under medical supervision for the treatment of head and neck lymphedema.

Contraindications: Contraindications, warnings, and instructions for use can be found in the product labeling supplied with each device.

Caution: Federal (USA) law restricts these devices to sale by or on the order of a licensed healthcare practitioner.

References:

1. Adams KE, Rasmussen JC, Darne C, et al. Direct evidence of lymphatic function improvement after advanced pneumatic compression device treatment of lymphedema. *Biomedical Optics Express*. August 2010; 1(1): 114–125.
2. Muluk SC, Hirsch AT, Tafe EC. Pneumatic compression device treatment of lower extremity lymphedema elicits improved limb volume and patient-reported outcomes. *EJVES*. 2013; Vol. 46(4): 480–487.
3. Karaca-Mandic P, Hirsch AT, Rockson SG, et al. The Cutaneous, Net Clinical, and Health Economic Benefits of Advanced Pneumatic Compression Devices in Patients With Lymphedema. *JAMA Dermatol*. 2015 Nov; 151(11): 1187–93. doi: 10.1001/jamadermatol.2015.1895. PMID: 26444458.

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