

# Breast cancer-related lymphedema patient symptom screener.

## CHECK ALL THAT APPLY

### Arm symptoms

- Arm swelling
- Arm heaviness
- Arm firmness
- Increased arm temperature
- Seroma formation (fluid buildup under the surface of the skin)
- Arm tightness
- Limited arm movement
- Tingling in affected arm
- Arm aching
- Limited fingers movement
- Limited elbow movement
- Limited wrist movement
- Limited shoulder movement
- Stiffness in the affected arm
- Burning in the affected arm
- Arm redness
- Numbness in the affected arm
- Tenderness in the affected arm
- Pain in the affected arm

### Trunk symptoms

*Note: Differences in bra fit, including indentation at bands/straps or changes in band and cup size, are common indicators of truncal swelling.*

#### Breast, chest and collarbone area:

- Swelling or puffiness
- Heaviness or fullness
- Tightness or firmness
- Dimpled hair follicles on breast; orange peel appearance

#### Side and axilla (armpit):

- Swelling or puffiness
- Heaviness or fullness
- Tightness or firmness
- Feeling of a "ball" preventing arm from resting at side
- Feeling of a cord pulling with motion

#### Shoulder and back:

- Swelling or puffiness
- Heaviness or fullness
- Tightness or firmness
- Limited range of motion
- Pain

Kylee™ is an easy-to-use, free mobile app to help you understand chronic swelling, track and manage your symptoms and live your best life! Download Kylee today!



**Notes/additional symptoms:**

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To learn more about breast cancer-related lymphedema and effective treatment solutions, visit [tactilemedical.com/BCRL](https://tactilemedical.com/BCRL).

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