

# Understanding Lymphedema Skin Changes



## HYPERPLASIA

Increase in tissue due to increase in total number of cells



## PAPILLOMATOSIS

Papillomas are raised wart-like growths, hard bumps/projections, that can appear with longstanding lymphedema



## HYPERKERATOSIS

An overgrowth of the skin, like a very thick callus, where skin easily flakes



## LYMPHORRHEA

Skin breakdown, clear lymph fluid leaks externally, also called skin "weeping"



## HYPERPIGMENTATION

Skin discoloration, in earlier stages can be salmon pink with progression darkens often to brown, purple or rusty in color



## ELEPHANTIASIS

Progressive enlargement of extremity, chronic fibrosis



**TO LEARN MORE ABOUT VASCULAR-RELATED LYMPHEDEMA  
AND EFFECTIVE TREATMENT SOLUTIONS, VISIT  
[TACTILEMEDICAL.COM/LOWERBODY](https://tactilemedical.com/lowerbody)**

1. Lymphorrhea photo used with permission. Source: ARC Seminars. Have you seen these lymphedema skin changes?  
[arcseminars.net/seen-skin-changes-patients/](https://arcseminars.net/seen-skin-changes-patients/)

2. Photo permission on file at Tactile Medical.

**Tactile Medical**

3701 Wayzata Blvd, Suite 300  
Minneapolis, MN 55416 USA  
T: 612.355.5100  
F: 612.355.5101

**Customer Service**

Toll Free Tel: 833.382.2845 (833.3TACTILE)  
Toll Free Fax: 866.435.3949  
Hours: 7 a.m. to 7 p.m. CT, Monday–Friday  
[tactilemedical.com](https://tactilemedical.com)

**Tactile**  
**MEDICAL**<sup>®</sup>  
HEALING RIGHT AT HOME