

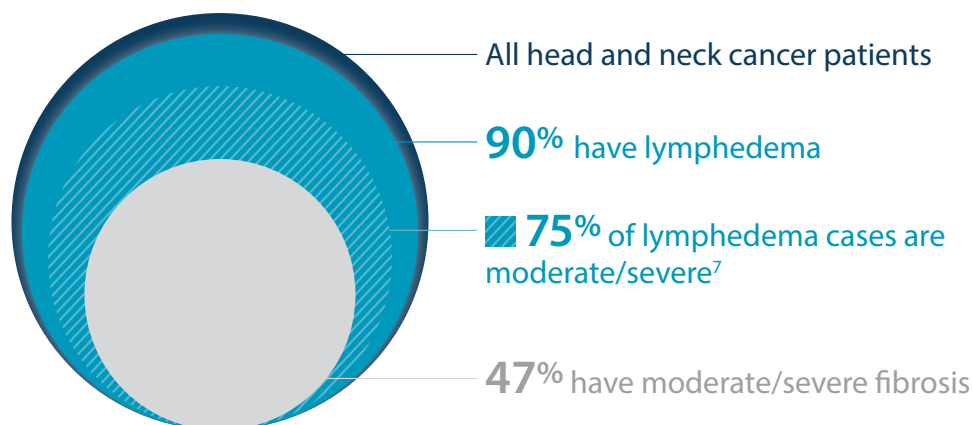
Head & Neck Cancer Treatment-Related Lymphedema Patient Symptom Screener

CHECK ALL THAT APPLY¹⁻⁴

- | | |
|--|--|
| <input type="checkbox"/> Swelling in any part of the face/head, neck | <input type="checkbox"/> Heaviness or tightness in the affected area |
| <input type="checkbox"/> Changes in voice | <input type="checkbox"/> Difficulty moving or decreased range of motion of the head/neck |
| <input type="checkbox"/> Difficulty swallowing, chewing, speaking or breathing | <input type="checkbox"/> Pain, tingling, numbness in the affected area |
| <input type="checkbox"/> Globus sensation (feeling of something stuck in the throat) | <input type="checkbox"/> Changes in taste |
| <input type="checkbox"/> Changes in vision or hearing | <input type="checkbox"/> Congestion |

Lymphedema is a chronic and progressive condition. Early identification and treatment is essential to improve clinical outcomes, decrease symptom burden and functional impairment, and improve overall quality of life for patients with head and neck cancer.^{5,6}

12 MONTHS POST TREATMENT⁷



The following factors may increase a patient's risk of developing lymphedema following treatment of head and neck cancer:⁸

- Tumor located in the pharynx vs. other sites (e.g., nasopharynx, hypopharynx)
- Higher total dosage of radiation
- Higher number of radiation treatments
- Multiple treatment modalities utilized

**TO LEARN MORE ABOUT HEAD & NECK CANCER TREATMENT-RELATED LYMPHEDEMA, VISIT
TACTILEMEDICAL.COM/HN**

References

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